592 /36 cont./ There still exist some
264 houses, big houses, old houses -- for the tradition registers a de-
[178] cline here -- where the patriarch distributing the grain also pre-
252 sides over an alimentary communism. Two tables are organized:
that of the women and that of the men. The cooking is done in
[178] turn by the spouses in a single place: africh in Mtugga, kech-
china in the plains, anual in the mountains. But the proportion
of these survivals, or at least considered as such in the plains,
does not exceed one tenth, or at the very most one fifth.

[178] It is no different among the Seksawa. But there the disper-
sion of the cooking among foyers, majority mode, normal mode,
is by no means given as resulting from any evolution whatsoever.
[562] Indeed rather the irascibility of the women, vaunted as a national
[342] quality, or almost, provides the immediate explanation for a
mode of life which thus sets a strong contrast against the form of
the habitat, this tigemmi, veritable beehive, where the rooms
are sometimes agglomerated by tens and even include, in the
most developed cases, several interior courtyards and several
loggias. Even when the commensality exists, each one, apart
in his room, prepares odd foods on a stove. An evolution in
272 the alimentary regime is revealed here. It has furnished
178 for this subsistence complementary to the insipid common pot a
pleasant material: sweetened tea (1).

1. Tea has been, in the rural Moroccan milieus, a modern-style extension, if I may venture to say it, of this kind of "aqueous food," still /this footnote is continued on the following page in the original source/ represented here by all kinds of porridges, and in which Varagnac and Maurisio see an extremely old culinary stage. P.-E. Bache, "Souvenir d'un voyage à Mogador /Remembrance of a trip to Mogador/," Revue maritime et coloniale, 1861, p. 87, attributes the origin of the diffusion of tea to Morocco to a gift made to the Sultan by the English in 1820. At the time of Bache's visit to Mogador (1859), this drink was already very